



AMERICAN COLLEGE
OF HIGHER EDUCATION
KANDY CAMPUS

EST - 1995



MINISTRY OF
HIGHER EDUCATION
ACCREDITED

DEGREE CATALOG



UGC Approved

BSC (HONS)

PSYCHOLOGY

YOUR PSYCHOLOGY DREAM STARTS HERE AT AMERICAN COLLEGE

WELCOME TO THE AMERICAN COLLEGE OF HIGHER EDUCATION

Established in 1995, the American College of Higher Education has grown to be one of the finest higher educational institutions in Sri Lanka offering American degrees.

American College of Higher Education, Kandy, has been officially recognised as a Degree Awarding Institute by The Ministry of Higher Education, Sri Lanka, under section 25A of The Universities Act No. 16 Of 1978

The American College has two flagship campuses in Dehiwela and Kandy, and three campuses for outreach programs in Kurunegala, Negombo and Galle to meet the needs of students outside of Colombo with an American style education

The ACHE is committed to the students' academic and personal development and is dedicated to the students' future. With five branches spread across the country ACHE offers an affordable and quality education.

WE ARE RECOGNIZED

American College is an International Center of Keiser University, Florida, USA, and is approved by the Southern Association of Colleges and Schools, Commission on College **(SACS -COC) USA.**



MINISTRY OF
HIGHER EDUCATION
ACCREDITED



PLATINUM
AWARDS

BUSINESS EXCELLENCE
IN EDUCATION - 2021



EDUCATION 2.0

OUTSTANDING
LEADERSHIP IN
EDUCATION AWARDS

DIPLOMA PROGRAMS
ARE APPROVED BY

(TVEC)

TERTIARY & VOCATIONAL EDUCATION
COMMISSION- SRI LANKA
REG.NO: P09/0141



Academic Programme

Year 1 - Semester 1

General Psychology
Biological Psychology
Personality Psychology
Psychology of Motivation and Emotion

Year 3 - Semester 1

Developmental Psychology: Adolescent and Young Adulthood
Organizational Psychology
Abnormal Psychology - I
Counselling Psychology - I

Year 1 - Semester 2

Understanding Family and Marriages
Humanistic and Existential Psychology
Environmental Psychology
Behavioural Psychology

Year 3 - Semester 2

Cross Cultural Psychology
Abnormal Psychology - II
Contemporary Issues in Psychology
Social Psychology

Year 2 - Semester 1

Analytical Psychology
Cognitive Psychology
Psychological Assessment and Measurement
Research Methods in Psychology

Year 4 - Semester 1

Psychology of Aging
Sports Psychology
Health Psychology
Research Proposal Writing and Literature Review

Year 2 - Semester 2

Developmental Psychology: Infancy to Middle Childhood
Statistics in Psychology
Educational Psychology
Special Needs Psychology

Year 4 - Semester 2

Counselling Skills
Gaining Experience Internship
Dissertation

FAQs

1. What is a Bachelor of Science in Psychology?

- ◆ It is an undergraduate degree that focuses on the scientific study of behavior and mental processes, emphasizing research, statistics, and biological foundations of psychology.

2. What is the difference between a BA in Psychology and this BSc (Hons) in Psychology?

- ◆ A BA in Psychology emphasizes social, cultural, and liberal arts perspectives with more flexibility and fewer science requirements. A BS in Psychology focuses more on scientific research, statistics, and biological aspects of behavior. Both cover core psychology topics, but the BS is better suited for research or medical paths.

3. What subjects are specifically studied in this program?

Specific subjects include research methods, statistics, cognitive psychology, biological/neuroscience psychology, developmental psychology, and experimental psychology.

4. What are the basic academic requirements to follow the course?

- ◆ The minimum requirement is:
 - Four Passes including English in one sitting at the G.C.E. (A/L) examination.
 - Students from any stream (Arts, Commerce, Science, or Technology) are eligible to apply.

5. Is knowledge in math and science required during the program?

- ◆ As the BS in Psychology typically requires statistics, biology, and sometimes chemistry or math, basic knowledge in Mathematics is needed.

6. What is the importance of the compulsory Dissertation and Internship scheduled in this program?

- ◆ The Gaining Experience Internship (6 credits) provides essential hands-on professional experience in a real-world setting and the The Dissertation provides rigorous training in research proposal writing, literature review, and independent study, which is necessary for future postgraduate study and advanced research roles.

7. What key skills will I gain from this program?

- ◆ Understanding of human behavior & mental processes, Empathy and professional communication, Counselling and listening techniques, Critical thinking and analytical skills, and Research and data interpretation skills.

8. How are the lectures structured throughout the program?

- ◆ The program runs for four years, with each year consisting of two semesters. Typically, four modules are covered per semester, each with its own assessments, and final examinations for all modules are held at the end of the semester.

9. Mode of Delivery:

- ◆ The program uses a blend of lectures, tutorials, lab-based practical, case studies, seminars, and group discussions.

10. Who will be teaching the courses?

- ◆ The program is delivered by a Qualified Experienced Academic Faculty, ensuring instruction is both theoretically robust and informed by current professional.

11. What kind of academic support is available to students?

- ◆ The college offers Strong Student Support, Guidance & Counselling, including dedicated academic advising, study skills assistance, and personalized guidance to help students succeed

12. Will I need to purchase a lot of textbooks?

- ◆ Printed textbooks will be available in the library to borrow. While individual textbooks are recommended per module, ACHE provides students with access to a Library containing a vast collection of resources. In addition, E-books will be available too. A study guide will be provided for each module.

13. Are there any compulsory IT or technical requirements for the program?

- ◆ Students will engage in research, complete writing assignments, and access the Virtual Library and college systems, which are typically available through the college's computer labs.

14. Fees and Facilities

- ◆ Can I pay the fee in installments? Yes, payments can be paid in the beginning of each semester.

14. Are hostel facilities available?

- ◆ Yes, with prior request by the student along with the application, the college will support in providing and finding accommodation.

15. What skills do students gain during their studies other than the knowledge in psychology?

- ◆ Students develop research, data analysis, critical thinking, problem-solving, positive communication and scientific reasoning skills.

17. What careers can I pursue after this degree?

- ◆ Career options for psychologists include clinical and counseling roles, school and educational psychology, industrial-organizational positions, research and academic careers, and specialized fields like forensic, health, neuro-, or sports psychology.

Many roles, especially clinical ones, require graduate studies or licensing, while a bachelor's prepares you for research assistant, HR, or social service positions.

18. Is this degree accepted for postgraduate study abroad?

- ◆ Yes, since it is a UGC Approved Degree, students are eligible to apply for further studies such as Masters, and MPhil programs both locally and internationally. International institutions focus primarily on the UGC Approval and the academic content, which meets global standards.

18. Is this degree accepted for postgraduate study abroad?

- ◆ Support often extends to career guidance, networking events, assistance in applying for postgraduate programs, and resume/CV preparation for relevant employment. The compulsory Internship also helps students build essential industry connections and professional skills, therefore we will be arranging internship opportunities.

19. Can I become a psychologist with just a BS in Psychology?

- ◆ To become a licensed psychologist requires graduate-level education (master's or doctoral degree) or special training in counselling

BRANCHES



KANDY

502, Peradeniya Road, Kandy.
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COLOMBO

23, Hospital Road, Dehiwala.
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GALLE

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NEGOMBO

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KURUNAGALA

401, Wehara Junction, Col-Road, Kurunagala
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OUR MISSION

Our mission is to provide excellent academic opportunities to help produce dynamic students who will have a broad knowledge, be leaders in their prospective professions, critical thinkers and creative individuals, who will be able to operate in any environment and will have the ability to respond easily to rapidly changing needs of their professions



AMERICAN COLLEGE
OF HIGHER EDUCATION
KANDY CAMPUS

30 YEARS
OF EXCELLENCE
IN EDUCATION



AMERICAN COLLEGE OF HIGHER EDUCATION

DEHIWALA : 23, Hospital Road, Dehiwala.
KANDY : 502, Peradeniya Road, Kandy.
GALLE : 286B, Wakwella Road, Galle.
NEGOMBO : 194, St. Joseph's Street, Negombo
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APPLICATION FORM

PART I

Please read the instructions below prior to filling this form

CHECKLIST OF DOCUMENTS TO BE SUBMITTED AT REGISTRATION

- 3 Color Photographs Copy of NIC or Passport Copy of Birth Certificate Curriculum Vitae
 Academic certificates Transcripts

POLICIES / TERMS & CONDITIONS

- Enclose the applicable non-refundable application fee and total course fee with the form. Applications cannot be considered unless it is accompanied with the above fee. Cheques to be made Payable to the "AMERICAN COLLEGE OF HIGHER EDUCATION".
- No refunds or transfer will be given whatsoever on any courses.
- Please note that non-attendance at classes is not an indication of cancellation. Cancellation **MUST** be informed in writing.
- Request for cancellation must be made in writing and received at Registrar's Office at least 03 working days prior to the starting date of the course. Full refund of the course fee, books/material fee will be made. However, application fee is non-refundable.
- No refunds will be given on any cancellations made after the course commences.
- Students may transfer only 75% of their course fee to another course conducted at ACHE (if cancellation is made within 14 days of the commencement date of their first course)

DECLARATION:

I agree to abide by the policies, terms and conditions of the American College of Higher Education.

.....
Signature of Applicant

.....
Date

PART II

PERSONAL INFORMATION

Complete all items in this section which apply to you in BLOCK CAPITAL. Do not omit any portion of the required information. Accuracy and completeness will avoid delay of admission to the College.

1) Name in full:

2) Name as it should appear in the certificate:

3) Gender:

Male Female

4) Date of Birth:

5) Place of Birth:

6) Marital Status:

Single Married

7) Occupation:

8) Country of Citizenship:

9) Passport / NIC No:

10) Contact No:

11) Permanent Address:

12) Mailing Address: (if different from above to which all correspondence should be sent)

13) Email Address:

14) a) Name of Father/Legal Guadian/Spouse:

b) Home Address:

c) Emergency Contact Numbers: Res:

Office:

d) Occupation:

e) Work place:

(Name & Address)

15) a) Name of Mother:

b) Home Address: (if different from 14b)

c) Emergency Contact Numbers: Res: Office: d) Occupation:

e) Work place:
(Name & Address)

EDUCATIONAL QUALIFICATIONS:

O/L's	Year:		A/L's	Year:	
School:			School:		
Subject		Grade	Subject		Grade

ACADEMIC/PROFESSIONAL QUALIFICATIONS:

Qualification		Qualification	
Institution		Institution	
Year		Year	
Other Details		Other Details	

WORK EXPERIENCE: (BRIEFLY DESCRIBE)

HOW DID YOU FIND ABOUT AMERICAN COLLEGE OF HIGHER EDUCATION? WHICH ONE?

- Email campaign TV Talk show SMS campaign Newspaper advertisement
 Exhibition Facebook Leaflet / handbill / flyer Other

PROGRAM APPLIED FOR:

DECLARATION:

I certify the information furnished by me is true and correct. If I am found to have given false information, the offer may be withdrawn.

.....
Signature of Applicant

.....
Date

OFFICE USE ONLY

Student ID: Comments:

Authorized by: